

# Paychex and BalanceWorks help you find balance in your life

# Your Integrated EAP, Work/Life, and Wellness Benefit

Today, more than ever, we are looking for ways to stay healthy and balance our work responsibilities with a busy family life.

Your employer offers you and your eligible family members access to **BalanceWorks**<sup>®</sup>, a prepaid and confidential service that provides quick online or telephonic support to assist you with day-to-day issues, improve your work/life balance and enhance your well being.

## Your BalanceWorks® Benefits Include:



24/7 access to a BalanceWorks<sup>®</sup> Intake Specialist



Dedicated Personal Assistants



Wellness

Program



Personalized

Web Portal



BalanceWorks Mobile App



www.eniweb.com

# 24/7 Access to Quality EAP Counseling

**BalanceWorks** includes three free, confidential counseling sessions and follow up with a qualified counselor.

### **Legal & Financial Consultations**

Free legal and financial consultations on issues such as financial management, budgeting, buying a home, bankruptcy, will preparation, immigration issues, ID theft resources, etc.

#### **Personalized Web Portal**

- A personalized page for you to communicate with a virtual Personal Assistant
- Access to a wide variety of virtual e-learning resources and tools for personal and professional development.

#### **Dedicated Personal Assistants**

A Personal Assistant (PA) is a work/life expert who provides you with useful referrals, research, or information on just about any topic. Personal Assistants are available on the web or telephone to respond to your requests—helping you make informed decisions and saving you valuable personal time. Your PA can help you with: travel, child care, financial information, relocation, home projects, eldercare, pet care, automatic services, academic information, gift ideas, event planning, and medical information.



Your Integrated EAP Work/Life Service

#### **Wellness Program**

- Comprehensive Health Risk Assessment (HRA)
- Up to three sessions with a Personal Wellness Coordinator to help navigate wellness services
- Wellness tools, trackers, and articles

#### BalanceWorks Mobile App

The **BalanceWorks Mobile App** gives you the ability to submit requests for counseling, Personal Assistant services, and legal/financial benefits right from your Smartphone!

#### **Pharmacy Discount Card**

Your Prescription Drug Discount Card may provide discount pricing on commonly used prescription drugs at a variety of participating pharmacies. This card cannot be used in conjunction with health insurance. Login to **www.eniweb.com** to access your card.

#### To access EAP, Personal Assistant, Wellness or Work/Life Services:

Simply call 1-800-960-5371 or go to www.eniweb.com

Click on *Member Log-in* Enter user name & password if a returning user, or if a new user, click on *Register* 

Enter Company ID: PAS220 Enter 1st Name & Last Name

Click on Next & then continue to follow prompts